

# How to Conquer Spiritual Ruts

By Bruce Wilkinson

Spiritual ruts. How many of you know about spiritual ruts? How many of you are in a spiritual rut right now? I love the way you raise your hand. How many of you are in a real spiritual rut right now? Come on. Just this side? It's amazing. No ruts on this side? This side is lying, this side is telling the truth. I was in an extended spiritual rut in college. It lasted three and a half years. And I think we're gonna have a good time tonight, and just sharing about spiritual ruts.

Very few of us who speak are honest enough to say we have problems with spiritual ruts, too. I came in one. I left Atlanta in a spiritual rut. I don't know why I was in one, but I came in one and I was in one all day Monday. And my ministry on Monday was--was in a spiritual rut and I prayed Sunday night, 'God get me out of a spiritual rut before Monday morning.' I woke up, I was in a deeper rut. And as I tried to minister on Monday, I was again realizing spiritual ruts are terrible things to try and minister out of. You know, to try and peek over the side of a spiritual rut and minister to someone else is a challenging thing to do.

And it wasn't till last night, late, as God and I were trying to work this one out. It wasn't a deep one, it was a short one. And reading Philippians, just finally climbed out of that stupid rut.

Therefore, it's fresh on my mind. I don't know of any person alive that doesn't struggle with spiritual ruts. There's no speaker here that doesn't. There's no Christian alive that doesn't. The challenging thing about spiritual ruts is to learn how to handle them, to understand what causes them, to understand how you got in it and to understand how to get out of it.

So I want to talk to you about that. And rather than just roaming around loosely, I want to try and give you a passage in scripture that deals with it. You know, so many times we come to the Bible and we think that it gives us a history of what took place. You come to the four gospels and we think there, contain and give you a life of Jesus Christ from beginning to end.

But many of you already know that the Book of Matthew, for instance, is out of chronological order. That the book of Matthew take some things from the beginning of Christ's life. And the first part of Christ's life and put them out of order. Doesn't even tell you about it. And the great majority of Christians everywhere think Matthew gives a life of Christ from beginning to end in order. And it's not. It's all out of order. Whole sections are out of order. And the reason they're out of order is because the man was trying to prove a point.

He's having an argument in the right sense. And when I'm trying to prove a point, like I was at lunch today with the person next to me, I was using all the facilities I could in the illustrations in my life. And I grabbed one recent, and one before, and one that I read about. And I stuck them all together to try and prove my point. And I didn't stop to say, oh, yes, this one happened before this one. It was irrelevant to my point.

My point was to prove a point. And I used experience, knowledge, and quotes and books and Bible verses to prove my point. I believe every single book of the Bible is constructed that way. I believe every book that's a narrative story is written to prove a point. The Bible is not written just for your information alone. It's written for your transformation. That's why it's so frustrating

when you first realize in the life of Jesus, we know absolutely nothing. What took place from the time he was 12 to the time he was 30? Not a word, except Jesus Christ grew up, and the people liked him and got approved of him.

So, you know, the whole 18 years when where most of you are tonight, you can not find out what Jesus Christ did. You don't know if he dated. You don't know any of those things. When you come to the Book of Genesis, it's obvious that that God, through inspiration, had a bigger purpose in telling you what took place. You already know that that book has two parts to it, and the first eleven chapters cover thousands of years and it's only eleven chapters. And the last from chapter 12 to 50 deals with only a few hundred years. And God expands it greatly. That is a purpose in the book of Genesis that almost everybody misses because they read it just to find out what took place.

But God has a purpose, and the purpose I want to pull out to you is about spiritual ruts. And as you back away from all those 66 books, what book deals with that the most know? Right. The book of Judges. Oh, it's somebody about to preach on Judges this week.

They can't believe they do it. I get it. That's alright. When you come to the book of Judges in your Bible, you'd find that after Joshua. Why don't you turn to the judges? Joshua, Judges. Right. And it's got [inaudible] Just hold on. It has 21 chapters in the book of Judges. And the book of Judges,= basically has three parts to it. It has a musical part, first of all. And it has three parts.

And the first few chapters are an introduction to the book of Judges. And the middle part is the body of the book of Judges. And the last part is the conclusion to the book of Judges. And Chapter 16 to 21 is the conclusion of the book of Judges. And what the author doesn't tell you is Chapter 16, 17, 18, 19 and 20 and 21 take place in time before Chapter 3.

It takes place way at the beginning of the book. But the author is trying to prove a point and his point is best proved by taking those 350 to 400 years and mixing them up to prove a point. And basically his point is that there is a rut that not only a nation can get into, but a person can get into that leads to very disappointing results. And what he does in the book of judges is he takes history and he builds it around a theme that he hits and he hits and hits and he hits, over and over and over again.

And he finds this cycle that goes around in the book of Judges a total of seven different times out of 350 years history. He shows you cycle one, cycle two, three, four, five, six, seven. That's all he shows you. He gives you an introduction to it which sets you up to learn it. And then a chapter sixteen to twenty one is chosen as the conclusion of your life or a nation's life, if you will follow those cycles.

But what he does is he says the best conclusion of those cycles take place in time before the cycles even begin. So he took it out. He didn't tell you that I'm taking history hundreds of years earlier, puts at the end to prove a point. Just like in the Book of Ezra, that between Chapter 6 and 7, there's 50 years of history in which Esther took place in. Ezra doesn't stop and say, by the way, for 50 years here and this is where Esther took place. It's not his purpose. It's not his plan.

So when you come to the book of Judges, you're going to find how many cycles? Seven. And each one of those cycles have five parts to them. Don't worry about writing it down. You won't need to write it down. Just listen [inaudible].

They should cry to the Lord. What happens after supplication? The Lord raised up a deliverer for the children of Israel and delivered them. [Inaudible]The Spirit of the Lord came upon him, and he judged Israel and went out to war. And the Lord delivered the King of Mesopotamia into his hand, and his hand prevailed against him. What happens after the victory, then? Versus 11: "And the land had rest for forty years, and Othniel died."

That's what we hear about. What's gonna happen next? Sin. Verse 12: 'And the children of Israel did evil again in the sight of the Lord their God.' What's next? Servitude. "And the Lord strengthened Aod, King of Moab, against Israel because they have done evil in the sight of the Lord their God, and he gathered among them the children and their families and small Israel and possessed the city of palm trees. So the children of Israel served Aod King of Moab for 18 years."

Next. Then the children of Israel cried cried onto the Lord. Next? The Lord raised them up and deliverer evil. And it goes all the way to the end of that chapter, verse 30. So Moab was subdued that day under the hand of Israel and the land had rest for forty years. What happened next? That was that part, right there. Chapter 4, Verse 1, Sin. And the children of Israel again did evil in the sight of the Lord now that Ehud was dead.

What's next? Servitude. 'The Lord sold them into the hands of Jabin King of Canaan, who reigned in Hazor. The captain at post was Sisera, who dwelled in Haroseth.' [inaudible] Supplication. Then when the children cried unto the Lord, God raised up Deborah. And it goes on and on and on. Almost like the author had a plan. You can go anywhere in that book and begin reading. And in my study bible at home, I have five color pencils. One for sin, one for servitude, one for? It's called review, and one's for silence.

Guess what I do with those five pencils? I color them in. And then right next to them, I put the number of the cycle they're in, one to seven. No matter where I'm in the book of Judges, I know I'm on cycle 3, which is? [inaudible] You almost got it. You back away from that, you say to yourself, isn't that something that history did that like that? Unless God had a purpose in giving it to you, and what it was makes you want to say, isn't that interesting? Unless God had a purpose for these cycles that has something to do with you.

See, you could pick out history of any time in its history and ancient nearly a year later. There wasn't a sixth part of the cycle, and guess where you are. You are in one of those five places right now. This is the best biblical passage I know about spiritual ruts. Because Israel went around that rut seven times and every time their rut came back it was worse than the time before until Samson and then it just fell a part. But God doesn't send another nation over here to conquer you does he? Maybe he does, I don't know. And so another nation doesn't come over here and conquer you.

Let's apply this to you and to me. What happens in the place of servitude if you keep on sinning? If you go on in the state of what? Yeah, defeat or oppression or bondage. Whatever you want to call it. And if you want to get out of your bondage or carnality, what must you do? 1 John 1:9, you must confess, ask for forgiveness, repent. God then doesn't save you again and again and again and again and again, does he? Instead of salvation, what do you find? Yeah, forgiveness. And then you move into a period not of silence but when your sins are forgiven and you're out of a rut. What are you in to? Yeah, you're into the fellowship. In the sense that is the cycle of your life. You go from sin and you might go into bondage, confession, forgiveness, and fellowship. And that's someone tonight, that's every one of us without exception in one of those places.

If you are in fellowship, guess what come next? Don't be so gleeful. Does sin have to come next? Does it have to come? No, no temptation comes to you that is stronger than the power of Spirit. Do you have to fulfill the lusts of the flesh? No. It does not have to. Will it? Yes it will. Any exceptions here tonight? 1 John says he that says he has no sin is a liar. A liar is sin and you just fell. Now, in a real sense, I don't know of one sin that lasts very long. I've looked. But I haven't found one sin that lasts a long time. You sin and it's over. This is a short period of time. This however can last.

How long does confession take? Simple, how long does forgiveness take? Instant. So in a sense, I look at us spending most time in bondage or most time in fellowship. You know ladies and gentlemen you go around that cycle. Like, well there's no way to end the cycle. The challenge is how your cycle goes around. When I was in college, here's how my cycle went.

[Is motioning with his hands and sound] God forgive me! I lived in that place man! And I built myself a mansion. I mean it was magnificent. I had twenty six bedrooms and 14 beds. I felt so comfortable in bondage. But some of you are laughing too hard [Long Pause and Laughter]. You know in time you can build tremendous things. You can build the worst habits and I built this place. Through my courses through the chapels. I use to sneak out of college and go down to the village, just comfortable in my bondage. And every once in a while, something would happen. God really kicked me far. When I'm with my wife this year and um [inaudible]

God with them. He would rip into my life and I would say I'm sorry for this and that with all the life in me and I came, I came running over here and I had spent so little time there. That this is how big of the house I had. I mean there was an outhouse and you could barely turn around in the thing. I said okay, I'm in fellowship, and I'm having a great time, and it was boring. It was boring. I didn't know what to do over here. It wasn't home. I know where home was. And I remember one time. How many of you can identify with this? We didn't want your names at the end. And I remember in one shopping message when I was at in my sophomore year of college, a man came in well-known and preached a sermon and he said, what you need to do to get really into spiritual life is to let go and let God and your life will poof.

He told story after story of the story of what happens when you let go, and let God. And every one of them pierced me to the heart. And I remember after that chapel, so under conviction and I was very rebellious in college, and so I snuck away and I went across the soccer field into a big bunch of oak trees and I knelt down next to this great big oak tree behind it, and I bawled like a baby. And I asked forgiveness for all that bondage and all the rest. And I gave it to God.



I said, God, I'm letting go, let you do it. And I remember standing up, almost expecting something to help me and I really as clear and as obedient and as sincere as a sophomore in college can be, I was. I want to show you what happened poof. It was great. It went like this [Sound Effects of a Rollercoaster]. How many of you can identify with that? You know what's unique about each one of these little loops, guess how many parts are each one. How many? All, so what are those five words?

Sin, Servitude, Supplication, Salvation, Silence.

I want to tell you that I almost lost Christianity because of that. When this happened, only this was really over here. I really hit bottom because I had done everything that, that man told me to do and I really expected, my expectations were this. I really expected it because he actually told me it happened. And when it didn't happen in my life and I went to the cycles again without knowing I was going through them, like many of you in the room until tonight, maybe, I finally came to conclusion that God did not love me, because if it happened to this man and all those people he talked about, then I must not be a person that God loved.

And I almost dumped Christianity and I went into a rut so deep, it took a long time to come out. Because when your expectations are like this and your life is not near it. The difference between your expectations and your life is called disappointment. The higher your expectations are, and the real your life is farther apart, the more disappointed you're going to be. And it wasn't till

years later, gang, that for some reason I never expected to be speaking to you guys when I was going through college.

Never wanted to ever be a preacher. I was on a platform at a conference with this man who preached. And I spent a week with him. He lied. His life wasn't like that either. No one's is. And if your expectations are so low, the bumps and the hassles and the failures and the pits and the bondage will be gone forever. You're gonna be one awfully disappointed person. You may feel good about yourself. You'll never feel like you have measured up to the expectations of God or that you have attained what other people who you look up to as a speaker and say you like I used to say, about these guys. Someday I want to be like that and I couldn't get there.

Why? Because that's the way it is, and the letting go and letting God lets you move from here to here. But man, you spend years building this mansion, you cannot spend one afternoon of weeping and tear it down. It's rare that God lets you do that. I hardly ever met people where that happens. So what do you have to do? You have to tear it down like you built it. And when you confess your sins, you grab this piece of the building block and you put that on your shoulders and you build it over here.

First time in your life you've moved around. And you sin right away. Why? Because you've made a rut, I made a rut so deep that when I came within 50 yards of sin. [alarm sound] And the second I sinned I built such a clear rut between sin and bondage, that it was a 17 lane freeway. That's right. And before I would be in my house, and I don't want to do those things anymore, forgive me for that sin. I don't want to do it again. Boom! God, how can that happen? I only

asked you 17 times to help me. Habit, power of the flesh. Paul: "Sometimes I do the things I don't want to do." He fought with it. I fight with it. You fight with it.

The challenging thing, gang, is, you know what? Do you have to go to this house? Do you have to go to bondage? Boy, you don't. That's right. You can sin and you can get right in the middle of it and say, God, let's skip bondage this time. I'm sick of that place and go right around it. Sorry. Ah, no. I fought myself this weekend over this and about this much left. I had a big house to work with. I couldn't get any crews to help me. And so it's taking years to build this. You know, you build all kinds of habits when you let yourself live here, don't you?

Who's the master of this house? Oh, man. That's right. The master of that house is Satan. You never know it when you're in it. You know how I defined it when I was in it? I can't stand these rules. I broke every one of them, was almost kicked out three times, and if they had known that, it kicked me out four times. Why? I'm free, I'm an adult, and if it doesn't hurt you, go ahead and do it. So you do it.

You don't understand that that kind of liberty isn't liberty at all. It's bondage. And the most exciting thing is that this doesn't have to happen. Some of you are so locked into bondage, you sin on a regular basis and you're so defeated on a regular basis. Some of you are so tied up in sex. You wonder if it will ever come undone. Or things in your background that only you know about. There is a way out, you know, you don't have to go back over here.

You can confess and you come around. And I found that the more you go around, you begin to build a two laner going around. God. Sorry ah. Good. Yeah. Huh? What happens, however, when you've done about five of these? And then you blow it and you end up over here. How do you feel about yourself then? What happens? Come on, what happens? Yeah. Really depressed. You know why you're depressed. You're angry. You're angry at yourself for blowing it again or you're angry at the person that helped you blow it. And typically what we do in that circumstance is we say God hates me and we think God becomes extremely angry. You know, he's far removed. Instead of realizing that God is the one is saying, come on, leave. Come on, come on back.

[Please turn over the tape for the conclusion of this message. Thank you.]

You've done about five of these. And then you blow it and you end up over here. How do you feel about yourself then? What happens? Come on. What happens? Yeah. Really depressed. You know, why you're depressed, you're angry. You're angry at yourself for blowing it again or you're angry at the person that helped you blow it. And typically what we do in that circumstance is we say God hates me and we think God becomes extremely angry. You know, he's far removed. Instead of realizing that God is the one is saying, come on, leave. Come on, come on back.

You know, the greatest story that I remember when I get to those points of bondage is the story about the prodigal son, what did the prodigal son do? He left here and he went right over here until he got sick of it. And the most interesting thing was that his dad didn't come out with a lecture. I told you so. Didn't I warn you you blew your whole inheritance, you jerk instead, how did he come out? Yeah, son, I've been hoping you'd come home. Who is? Who is that picturing

in the story? Yeah. It's God. Loving God, saying when you're in the middle of your prodigal act, God's arms are still open why? Your forgiveness has already been paid for.

Confess it. Get out of it and come back. And you know, the most exciting thing is that that's a picture of my life today right there and my life is going in the right direction, it's going like this. But notice which way it's going in the right direction. And back in the early part of my life, I have deeper pits back here, but a lot of them are taking a lot longer to get out because I get down on myself and I didn't leave room for the times that I just blew it. And now when you have these times and you go down, you realize that the real issue in your life is to make these ups and downs more like this, to make your highs and lows closer together.

How do you do that? Through Habits of holiness, gang. There are no secrets. You know, I looked for him. I read all the books. I could find that the secret everybody's been telling you have been telling me for years. You know what Dr. Rob Mockridge preaching about? Dr. Boyce's preaching about? MacArthur's preaching about, and I'm talking about, is the issue of the secret everybody's been saying is a secret about the spiritual life, really is the secret.

And what is it? You read your Bible every day. No, no. It's dead serious. You will not grow spiritually without it. Accept it you will not. Number two: pray all the time, all the time. And be committed on the long term to building the fellowship house. I remember when we first started walk-through and I was speaking to Howie Hendrick's, who's a good friend. And I said to him, said, "Prof, what do you think about walking through the Bible?" "I think it's good, Bruce.

Good." I said "No, what do you really think about it?" I wanted him to say it was great. And he says "Well, how are people receiving it?" I said, "Well, they're receiving it good."

I said, "But do you think it'll turn into something?" And he said, "Well, is it working now?" "Yes." And then he caught on. And he said to me, said "Bruce, the real issue is not where is it today, where is it next year, where is it in three years, where is it in five years." He said "The issue is where is it in 20 years?" That's the key to the spiritual life gang. It's the commitment into the long term that makes all the difference in the world. Are you more spiritual this year? Not today. Not this week. This year than you were last year. That's what counts.

This past week, my wife and I have had some great conversations. I just took time before I left and we got to dinner and I said to her, "I just want to tell you as your husband, how I feel about your life right now." I said, "I've seen more spiritual growth in you in the last year and a half than I could have ever hoped for." Said "You make me feel so proud. You're growing spiritually. Your reactions in our home and to people are so different than they were a year ago." She'd grown. She didn't see it. You can never see yourself growing. You can't. It's so encouraging to me.

Night before last, Monday night? Monday night. Monday night. Last night. I have a close friend in the city, is a lady who's in her 80s, and she and I have become close, close friends. And she's one of the few people that every once in a while God sends in your life that, though you may be thousands of miles away, knows when you're in hot water. And we'll pray and write your note and say what happened at 3:00 on Friday? And every time, I love that lady, I hadn't seen her for

a year. We talked and we wrote many times and I stopped to see her and we just shared till late at night. And at the end we were having a time of prayer.

And at the end, she said, "You know, you've grown and-- you've grown a lot this year." And I didn't believe her. I thought, you know, she's being nice to me. And she said, "No, you have." That's what you're going after. You're not going after yourself seeing your growth. But you're going after the other people who look at you, you know, and they say you've grown you're not the same person you were last year. And that's what it's all about. You know, when I was your age in college, faithfulness I never talked about, it was irrelevant in my life.

You know, the speakers would come and talk about faithfulness, I thought that was garbage. So what about faithfulness? What are you doing? The older I become, the more I've appreciated faithfulness. You know how I feel about men like Dr. Radmacher over here. You know, he hadn't blown it. He hadn't ran off on his wife. In the last year six of my good friends ran off. He didn't run off, he could run off. I'm sure I could run off many times. Billy Graham, faithful. In the long term. God loves faithfulness doesn't he. Does he leave room for your sin? Yes, he does. Does he leave room for the times you hit bottom? You better believe it. Does he understand? Yes, he does. But his open arms are so incredible loving that you can come back. Have you made that kind of commitment? That says fifteen years from now? You're not going to recognize me because I'm in a work on moving. You're gonna do that.

Now, some of you aren't ready to do that. Some of you love bondage and I identify with that. I know about that. It's a dead end street. But sometimes you have to find that out for yourself, don't

you? Yeah. I think some of you in this room need to make a major decision in your life tonight that says I'm committed in the long term to God that even though temptations come and they come gang all the time. Not too long ago I was at a hotel at night knock on the door. I was in Baltimore, open a door. And here was a lady smiled and said, "I'd like to spend the night with you." Nobody was there. Nobody would have ever known. I'd have known, he'd have known. And those aren't my commitments.

You don't have those commitments when that person knocks at your door. And she's exactly what you wish you would be. And she's standing there and she says an off the wall statement, you don't have those commitments up front, gang, you're going to find yourself saying, well, let's talk about it. And then you will fall. You know, so many couples are falling apart in the ministry. I mean, you go into shock and you find out, gang, that there's a whole history of it. It goes way back for years where the guy goes and takes out the Plimpton House or Playboy or watches the R-rated movie because I'm "broad minded." That doesn't offend me anymore.

You better be scared to death if it doesn't offend you. That just eat you alive. Later on, because your building habits that Satan has power over you like crazy. This was with one guy in the last month. Boom. What happened? Then you just trace it back? Years of practice, and sin until that rut toward that thing was so strong, he had no power over it. Some of you got some of that in your life tonight. There are certain things in my life you just can't handle. Might not be sex? Whole other set of things. What is it? Are you committed to set it aside and commit yourself to God in the long term. Boy it's liberating, gang? You know, I gave myself room this weekend to be down. Just down. No sin. I didn't have any sin I could think of. I confessed it all out, but I



wasn't. I was in a physical rut. I was sick and I couldn't minister to you guys. Monday wasn't spiritually, physically ready. OK.

I don't think Jesus Christ felt like ministering every day either. I don't think he woke up every morning saying send the crowds to me today. I wrote a sermon on the hill for them. I don't think he did. That's why he sent them away sometimes, he said if I see another face, I'm going to scream. Yes, sure he was just as human as you are and as I am back to it. Some of you are living in that stadium of bondage. I'd like to ask of you two things tonight. Number one, in a minute, I'm going to ask you to get out of that state of bondage and move no matter how small your fellowship house is. I want you get out of it? That's the first step. You'll feel the weight come off your shoulders. If you really get out of it. You'll feel it. I know the feeling you all do. Great. Second thing I'm gonna ask you for the long term commitment that says, God, I'm committed to you, number one.

And if you could put you if you keep putting your finger on this area in my life, then keep at it with me. We're gonna lick it together. You know, the habit of holiness. A habit of holiness every day after day after day. Earlier, I was out with Joe last night for dinner. And Joe said, you know, my dad had family devotions every morning with us and every night with us. And sometimes we debate and talk for an hour.

And I said, and Joe, what effect did that have on you? He said, it's my roots. Habit. Was it always exciting? No. Is it always exciting when I read the Bible. No, I don't care. It's my commitment. Do I always feel like I love my wife. So do I. Yes. That's my commitment. But

your commitment don't make it to yourself. Make it to God. Ready? Just picture, that great big mansion in front doors, just knock them down.

Let's pray together. I want you to forget the person next to you for a moment and just kind of bow your head and close your eyes. Where are you tonight? Are you in bondage right this minute? Or are you in fellowship? If you're in fellowship, great. If you're in bondage, don't you want to get out? I want you to picture in your mind, Jesus Christ, out the front door of that big house saying come, come back home. I want you to stop looking at the floor and open the doors and look right into his face and say, boy, am I sorry. You and I have been apart so long. And I'm really not very happy. Go ahead, look him in the face and say it to him in your own heart.

Lord, I'm sorry. Boy, have I blown it. I really don't want to live here. Then I want you to walk over and grab his hand and your own mind and say, God forgive me. And watch him smile and say, I've already paid for your sin, you're forgiven. And together walk around that back into this other mansion, of fellowship. And ask him in God, be inside this mansion with me, be my lord. Tonight. Take a minute. Make sure you're in that house. If you're still stuck in bondage, there's one thing that God's going to put his finger on right now. Maybe it's a relationship with somebody that's just flat out sinful.

You need to fix it tonight. Maybe in the middle of cheating all last semester in a couple courses. Every time you try to get out of this bondage all you do remember the papers and the test. Maybe a cruise in that night and getting drunk every once in a while. And God brings it up. Maybe it's the movies on the weekends. Maybe it's your thought life, whatever it is, God forgives it. Take

your eyes off the floor. Look right in his face. Jesus, God, forgive me. Help me and walk around get in that house and picture big soft chair and sit down. God, I want to make this a habit in my life. Now, I want to ask you one other thing. The harder thing. There are so few people that I've met who are committed to the long term who say, God, when that knock comes on the door, I'm closing the door when the sins come that tempt me.

I'm committed to grow year after year after year after year after year in the power of your spirit. Will you make that commitment tonight? We say, Lord, I'm committed to you first, you can count on it 15 years from now, I'm going to be more godly than I am today. I commit myself to it. Go on make that commitment to him. You know, if you've made that commitment, either one of them tonight, that's a significant thing in your life. And every once in a while you need to confess that before other people.

And then you just moved around that circle. Or if you've just made that long term commitment and I want you to solidify your own life tonight. Yes, Lord I'm gonna read that Bible every day. Yes, I'm going to pray every day. And if that has been your commitments, you come out of it. Given those kind of commitment in the long term, I want you to act on it. I want you to solidify it. I want to plant it deeply in your heart. And I want you to stand up and just stand there wherever you are.

If you don't need to confess it and you're all right. Don't feel awkward sitting, the rest of you, stand up with us please, everyone. Let's sing that chorus. My Jesus, I love thee; I know thou art mine. You know that chorus?

This ends the session.